



Registration Form



Please complete this form, keep a copy for your reference & return it by **October 9, 2007** to:

Changes & Challenges in Diabetes Care – 2007
Attn: Melissa
Sanford Clinic Watertown
PO Box 290
Watertown, SD 57201
FAX: (605) 886-9317, Attn: Melissa

Name: _____
Title: _____
Facility: _____
Address: _____
City: _____ State: _____ Zip: _____
Work Phone: _____ Fax: _____
E-mail: _____

Does your facility currently have Life With Diabetes, 2nd Edition? _____



Special Needs



This conference is being held in an accessible facility. Persons needing accommodations, auxiliary aids or special dietary arrangements should contact Melissa Magstadt at 605-886-1530 by September 17, 2007.



Lodging



This conference is being held at the Ramkota Hotel and Conference Center in Sioux Falls, SD. Blocks of sleeping rooms have been reserved at the Ramkota Hotel through September 22, 2007. After that date, rooms may be more difficult for you to acquire. Ask for the South Dakota State Diabetes Conference block. You are responsible for your own reservations.

Ramkota Hotel and Conference Center 605-336-0650

SD Dept of Health Diabetes Prevention & Control
Watertown Area Diabetes Coalition
PO Box 290
Watertown, SD 57201

The South Dakota
Department of Health
Presents.....

Changes & Challenges in Diabetes Care 2007



October 23 & 24 2007
Ramkota Hotel and
Conference Center,
Sioux Falls, SD

Conference Highlights

The goal of this conference is to provide an update on diabetes, its management, and the impact of diabetes on the individual with diabetes. Upon completion of the program, participants will be able to:

- Identify the current approaches to diabetes management
- Apply diabetic management approaches to patient care
- Describe the benefits & risks of exercising with diabetes
- Identify the guidelines for safe exercise & diabetes
- Discuss new medications use in diabetes management
- Review patient guidelines when teaching about these new medications
- Describe the role of medical nutrition therapy
- Define treatment goals for gestational diabetes mellitus (GDM)
- Apply diabetes management skills to patients with GDM
- Discuss appropriate blood glucose monitoring
- Describe Motivational Interviewing (MI)
- Discuss the application of MI on diabetes care
- Compare & contrast MI skills in patient situations
- Apply MI techniques to patient situations
- Identify psychosocial issues related to diabetes
- List the various coping strategies useful in intervening with patient/family psychosocial issues related to diabetes
- Differentiate the most common diabetic complications
- Define treatment strategies for the most common diabetic complications
- Describe the characteristics of Native American/Lakota culture
- Describe components of culture and how it impacts health care delivery
- Apply the concepts of carbohydrate counting
- Discuss the use of an insulin pumps to treat diabetes
- Design treatment strategies for specific diabetic case studies

Intended Audience

Nurses, dietitians, pharmacists, nurse practitioners, physician assistants & other health care professionals who provide education & treatment to those with diabetes & their families.

Presenters

Richard Bergenstal, MD *Director of the International Diabetes Center, Minneapolis, MN*

Eric Storvick, MD, *Internal Medicine, Mankato MN*

Kevin Benson, MD, *Sanford Clinic Obstetrics and Gynecology*

Duane Mackey Ed.D. *University of South Dakota*

Kristina Brakke, DPT *Sanford Clinic Watertown.*

Cindy Matthes, RD, *Sanford Children's Specialty Clinics*

Kristi J. Stemsrud, PA-C, CDE *Sanford Clinic Endocrinology*

Erin Sorenson, RD *Sanford Clinic Watertown*

Melissa Magstadt MS, CNP, CDE, BC-ADM, CTTS *Sanford Clinic Watertown*

Continuing Education

- Application for contact hours has been made to CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Call Colette at the SD Department of Health (773-7046) for more information about contact hours.
- Certificates of Attendance for 16.25 hours will be available Registered Dietitians.
- An application has been submitted to the South Dakota Board of Pharmacy for 14.75 contact hours.
- An application has been submitted to the American Academy of Physician Assistants for 14.75 hours of Category I (Preapproved) CME credit.

Registration

To register, complete the form on the back of this brochure & return it by **October 9, 2007**. There is no registration fee to attend this seminar. Confirmation of registration will be sent by email, fax or phone.

Agenda

Tuesday, October 23, 2007

7:15 a.m. – 8:15 a.m.	Registration
8:15 a.m. – 8:30 a.m.	Welcome
8:30 a.m. – 10:00 a.m.	Keynote Speaker
10:00 a.m. – 10:15 a.m.	Break
10:15 a.m. – 11:15 a.m.	Byetta: A new breakthrough medication
11:15 a.m. – 12:30 p.m.	MNT/Carb Counting
12:30 p.m. – 1:15 p.m.	Lunch (Provided)
1:15 p.m. – 4:15 p.m.	Motivational Interviewing

Wednesday, October 24, 2007

7:30 a.m. – 8:00 a.m.	Welcome back/Announcements
8:00 a.m. – 8:45 a.m.	Blood Glucose Monitoring
8:45 a.m. – 9:45 a.m.	Exercise and Diabetes
9:45 a.m. -- 10:15 a.m.	Break
10:15 a.m. – 11:15 a.m.	Gestational Diabetes
11:15 a.m. – 12:15 p.m.	Cultural Competency
12:15 p.m. - 1:00 p.m.	Lunch (Provided)
1:00 p.m. – 2:00 p.m.	Insulin Pumps
2:00 p.m. – 3:00 p.m.	Living with Diabetes Panel
3:00 p.m. – 3:15 p.m.	Break
3:15 p.m. – 4:00 p.m.	Case Studies
4:00 p.m. – 4:15 p.m.	Evaluations and Wrap Up

Questions

If you have any questions, contact Melissa Magstadt 605-886-1530 or magstadm@sanfordhealth.org.

Please dress comfortably. Personal temperature preferences vary and room temperature may fluctuate.